Starting Subutex
- Causes withdrawal effects if taken too soon after other opioid drugs
- First dose must be at least 8 hours after last heroin
- At least 36 hours after last methadone
- Less withdrawal symptoms than methadone, but may be hard to stop after taking it for several years

Combinations of drugs
- Subutex + alcohol or benzos (valium, temazepam) → increased risk of overdose
- Heroin will have a reduced effect – trying to get a hit increases the risk of overdose
- Methadone + Subutex → withdrawals

Storage
- A small dose of Subutex could kill a child
- In prison – supervised consumption / crushing
- At home – keep in a locked cupboard
- Warn children of dangers
- Use child-proof cap

Side effects
- Constipation
- Sweating
- Itching
- Nausea

Health issues
- Avoid constipation – eat fruit and veg and drink plenty of water
- Brush teeth regularly (but don’t share brushes)
- Loss of sex drive

Overdose
- Taking Subutex in combination with alcohol and benzodiazepines may cause your breathing to slow and then stop