**What is it?**

- An infection of the liver that causes it to become inflamed and can cause permanent damage
- Three main types A, B, and C

**Symptoms**

- Flu-like illness, tiredness, slight fever, aches in muscles, nausea, vomiting, weight loss, jaundice

**Treatment**

- Getting tested for hepatitis B & C is the first step – even if you think you have it
- A vaccine is available to protect you from hepatitis B
- Specialist treatment for hepatitis C is available, which can cure 40-80% of cases
- It takes 6-12 months
- It causes low mood

**How do you prevent getting it?**

- Safer sex - use condoms
- Don’t share drugs
- Don’t let alcohol or drugs make you forget yourself
- Hepatitis A or B vaccination

**How do you get it?**

- Sex
- Injecting
- Sharing crack pipes
- Body piercing and tattoos
- Pregnancy, childbirth and breastfeeding
- Blood transfusion
- Sharing toothbrushes and razors

**A:** transmitted by contaminated food or water - infection lasts less than 6 months

**B:** 90% get only short infection

**C:** 80-90% get chronic hepatitis, gradually progressing to cirrhosis, liver failure and possibly death

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Client name:  
Keyworker:  
Date: __/__/__