Map 05/Families and social network

Step 4: Exploring and enhancing social support

An 'unsupportive other'

- Is uninvolved in the situation
- Is uninformed about the situation
- Is condemning of the situation

A 'supportive other'

- Encourages substance use
- Gives unhelpful advice
- Has a harsh attitude towards the user

- Is non-judgmental and accepting
- Does not take sides
- Knows when to give advice

- Is available to listen and understand
- Offers help in accessing support
- Offers material help

Knows about the problem

Client name: [Blank]

Keyworker: [Blank]

Date: __/__/__

Comments: [Blank]