What is node-link mapping?/Map 06

Benefits of maps

- Provide a workspace for exploring problems and solutions
- Improve therapeutic alliance
- Focus attention on the topic at hand
- Train clearer and more systematic thinking
- Provide easy reference to earlier discussions
- Provide a method for getting “unstuck” by providing new ideas
- Useful structure for clinical supervision
- Create memory aids for client and counsellor
- Improve therapeutic alliance