Three Maps to enhance assessment

The use of node-link mapping during the assessment process helps to structure the process while also focusing on building therapeutic alliance. Maps can ensure that the process is more collaborative, while also helping the worker in the completion of compulsory paperwork.

These maps are useful to break the ice and to build a therapeutic alliance. The map entitled ‘progress report’ can be completed from casenotes before the first contact and then shown to the client. This demonstrates to the client that the worker is interested in them as a person, and prevents repetition of questions.

Other maps are available to download, including a series linked to the CSMA. Workers may also wish to develop their own maps tailored to particular information gathering needs.
The way it makes you feel?
Physically

Emotionally

Helps you deal with issues/problems?

Partner or family

Friends?

Relieves boredom/is sociable?

Other reasons?

Education?

Health?

What drives you to use, or to get money to use?

What problems has your drug use caused?

Areas to consider:
Family / Health / Emotional / Interests / Education / Fun / Work / Friends

Map 03/Assessment
Drug use - the pros and cons

Client name:      Keyworker:      Date: __ / __ /

How useful was this map and discussion?  1 2 3 4 5 6 7 8 9 10

Comments:
Drug use - then and now

Assessment/Map 08

Client name: __________

Keyworker: __________

Date: __ / __ / __

How and when did you first get involved in drug use?

What helped you to get drug-free?

Has anything changed about your drug use since you first used?

What and how did you use?

Where did you use?

Who were you with?

When did you last use drugs?

In the community?

In prison?

Have you had any periods when you have been drug-free? If so, when and for how long?

How useful was this map and discussion? 1 2 3 4 5 6 7 8 9 10

Comments: __________
Acknowledgements

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A wide range of node-link mapping materials are available for free at www.ibr.tcu.edu