



Statistics for alcohol treatment in England 2013-14 from the National Drug Treatment Monitoring System (NDTMS)

This statistical release presents key results from NDTMS on the number of adults (18 and over) in contact with structured alcohol treatment providers in England in 2013-14, and the proportion of clients exiting treatment who completed their treatment having overcome their dependency. These figures do not include clients treated in prisons.

The results provided here are produced by Manchester University National Drug Evidence Centre (NDEC) from data collected by NDTMS and form part of National Statistics.

These results show that:

- 114,920 clients aged 18 and over in contact with structured treatment cited alcohol as their primary problematic substance in 2013-14
- A further 34,237 clients aged 18 and over cited alcohol misuse as an adjunctive problem to a range of other primary problematic substances
- Clients' median age at their first point of contact with treatment in 2013-14 was 42; 64% in treatment were male
- Where reported, most clients were white British (87%) while other ethnic groups each accounted for no more than 3% of clients
- Where reported, 42% of clients starting treatment were self-referrals and 17% were referrals from GPs. Onward referrals from other substance misuse services accounted for 7%
- 93% of all clients waited under three weeks to start treatment
- Where reported, 4% of clients had an urgent housing problem (no fixed abode) on

presenting for treatment. A further 10% had other housing problems

- Of the 74,291 clients exiting treatment in 2013-14, 43,530 (59%) were no longer dependent on alcohol (had completed treatment successfully). A further 5,914 (8%) were transferred for further treatment within the community, while 1027 (1%) were transferred into appropriate treatment while in custody
- The overall number of clients in treatment in 2013-14 increased by 5% (5,237) from 109,683 in 2012-13. The number of new treatment journeys starting increased by 7% (5,156) from 75,773 clients in 2012-13 to 80,929 in 2013-14. The number and proportion of successful completions also increased from 40,908 (58% of all 70,194 exits) in 2012-13 to 43,530 (59% of all 74,291 exits) in 2013-14

These figures report data that was collected on adults whose treatment falls within the definition of structured alcohol treatment as defined by the National Treatment Agency for Substance Misuse's (NTA) Models of Care as "treatment following assessment and delivered according to a care plan, with clear goals, which is regularly reviewed with the client".

Background information on NDTMS is available on the Public Health England (PHE) website, www.nta.nhs.uk/ndtms.aspx

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