

# TOP: Do you know about it?



National Treatment Agency  
for Substance Misuse

More treatment, better treatment, fairer treatment

The Treatment Outcomes Profile (TOP) is a new tool that will help services focus on service users' improvements through treatment.

## What is it?

A set of simple questions covering four key areas where treatment can bring about change. You will be asked these questions when you first attend, then every three months after that.

## How will it improve treatment?

- It will require your keyworker to discuss your progress regularly
- Comparing the answers on each completed TOP will show how well you are doing
- Services will be able to measure the quality of their treatment.

## Where to get more information

- The service user leaflet
- Our website, [www.nta.nhs.uk/TOP](http://www.nta.nhs.uk/TOP)
- Your keyworker.

**Treatment Outcomes Profile**

Name of client: 6 / 4 / 2007  
TOP interview date (dd/mm/yyyy): 30 / 12 / 1990  
D.O.B. (dd/mm/yyyy): 30 / 12 / 1990  
Gender: M  F   
Name of keyworker: PETER SMITH  
Treatment start date: [ ] / [ ] / [ ]

**Section 1: Substance use**  
Record the average amount on a using day and number of days used in the last 7 days

Substance	Average units per day	Number of days used in last 7 days
a Alcohol	7	7
b Opiates	0.5	7
c Crack		
d Cocaine		
e Amphetamines		
f Cannabis		
g Other problem substance?		

**Section 2: Injecting risk behaviour**  
Record number of days client injected non-prescribed drugs in the last 7 days

Week	Number of days injected
Week 1	0-7
Week 2	0-7
Week 3	0-7
Week 4	0-7

Record number of days client injected with needle or syringe used by someone else? (0-7)  
Record number of days client injected with spoon, water or filter used by someone else? (0-7)